



THE UPDATE

A Quarterly Newsletter

Spring 2020

Letter from the Board

For the last 2 years, the USADSS Board has worked diligently to make USA Down Syndrome Swimming, Inc (USADSS) into an organization you would be proud to ask your family and friends to support. USADSS is a non-profit 501(c)(3) that benefits swimmers with Down syndrome in their pursuit of competitive swimming, and to support their elite participation in national and international competition. We believe this mission will not only support elite swimmers, but provide a beacon to athletes with Down syndrome, and their families, to reach for their dreams.

It is clear, Team USA has the talent to become a force on the international stage. After a 10th place finish out of 23 teams in the 2018 World Championship, a 3rd place finish out of 18 at the 2019 European Open, and numerous individual accomplishments, we cannot wait to see what comes next!

Along with our highs, we have also had a few challenges to overcome. With regret, we must announce that there is a change in leadership at the Head Coach position for Team USA DSS. We would like to thank Coach Julie for her service and dedication to our national team.

Moving forward, Team USA has been integrated into USA Down Syndrome Swimming, Inc. (USADSS). This will provide more efficient networking and resources for our continued growth. We are excited to unveil our plans for the organization. We would love for you to work alongside us as we celebrate our #T21swimwarriors, their athleticism and their grit. Below is our organizational chart. Please contact any of the board members if you have any questions, or if would be willing to join a committee.

Sincerely,

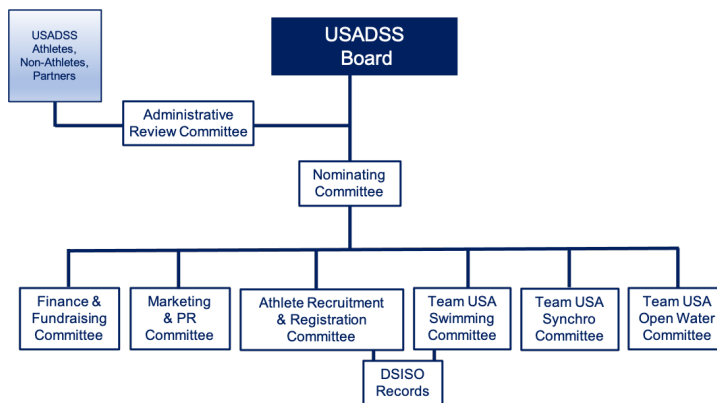
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Down Syndrome International Swimming Organization (DSISO) Competitions



Due to the rapidly escalating situation regarding the Covid-19 virus, the 2020 Trisome Games have been postponed to October 19-26, 2020. More details will follow.



Local and Regional Competitions

We will be highlighting competitions where USADSS athletes can swim within the USA.

If your swimmer plans to attend a meet, let us know and we will share the information. It would be great to try to get together at regional events when possible.

PARA EVENTS:

<https://www.paralympic.org/swimming/events>

MASTERS EVENTS:

<https://www.usms.org/events>

Welcome to the USADSS Family

T21 Swim Warrior Spotlight

In future newsletters we will have a section called "T21 Swim Warrior Spotlight". Our favorite thing to do is to celebrate our #T21swimwarriors!

We plan to increase our visibility on social media and promote all USADSS swimmers who are working hard to improve. WE CANNOT DO IT WITHOUT YOU! Please send stories, photos, and short videos of your swimmers working hard or celebrating a special moment to info@usadss.org.



Shout out to Tom Chen, the newest #T21swimwarrior and his mom, Patti for jumping in with both feet at a Michigan Masters meet last week. We loved meeting you both and are looking forward to more future fun!



Interested in a USADSS Training Camp?
Let us know at info@usadss.org



2020 Application Forms Due March 26th

In the past, swimmers have had to contact DSISO and SU-DS on their own to register. Starting in 2020, all swimmers must register through their country's NSO (National Swimming Organization). The deadline is March 26th. If you choose to renew after March 26th, additional fees will apply.

If your swimmer is interested in competing for Team USA at DSISO competitions, it is important that you complete both the USADSS (USA Down Syndrome Swimming), and DSISO (Down Syndrome International Swimming Organization) applications. If your swimmer does not plan to compete internationally but is trying to set DSISO records, please note that to be eligible, he/she must register with both USADSS and DSISO before the record is set. The application forms are attached to this Email and available online. The bi-annual fee for registering with DSISO is \$60.00. The annual USADSS application fee is \$35.00. If you have any questions, please contact info@usadss.org or any board member.

Breaking News

We are streamlining the process for submitting Team USA records to DSISO. If you believe your swimmer has broken a record, all announcements should be labeled "unofficial" until DSISO confirms and sends a certificate. From now on, to submit a record to DSISO, follow the procedure below.

New DSISO Records Submission Requirements for Individual Records

1. Complete USADSS Swimmer Record Application
2. Complete DSISO Record Application
3. Attach timing system detail result by heat recap, signed and dated by referee
4. Attach timing system race history and summary, signed and dated by referee
5. Attach complete competition event sheet, including sanction information
6. The Records Officer (to be named soon) will then verify, via an outside source, the confirmation of record
7. The Records Officer will forward his/her findings to a USADSS Director to conduct a second independent verification, via the internet, before forwarding to DSISO
8. Parents must keep original documentation

Contact USADSS at: info@usadss.org
Learn more at: www.usadss.org

A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL-FREE (800-435-7352) WITHIN THE STATE. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE.