



National Training Camp Family Guide Available

The 2023 National Training Camp is going to be epic! We don't want your athlete to miss out on this amazing opportunity. Camp will be held in Orlando, Florida this October. Check out the Family Guide to learn more. Deadline for athletes to register is September 15th.

We are available to answer any camp questions. Please contact us at Event@USADSS.org.

[Sign up for Camp](#)

[National Training Camp Family Guide](#)

It's time to GEAR UP
Down Syndrome Awareness

October is Down Syndrome Awareness Month, and USA Down Syndrome Swimming invites all to #BeLimitlessWithUS. We believe in raising expectations and celebrating the incredible achievements of swimmers with Down Syndrome or "T21 Swim Warriors". We have seen USA athletes break barriers and show the world that they are limitless in their potential. JOIN THE JOURNEY and help us raise the bar in competitive swimming and in life.

ALL ATHLETES are invited to be a USADSS Social Media Ambassador. Those interested should do 2 things this week. 1. Contact Marketing@USADSS.org to sign up. 2. Go to our online store to purchase a "Limitless: World" shirt between August 15 - August 21. We will work with athletes to create photos or short videos of them modeling the shirts, and will feature those during our October campaign.

FREE SHIPPING TO CAMP! Order between August 22 and September 28 and you will have the option to have your order shipped free to the Orlando camp and you can pick it up there!

The general public will be invited purchase the shirts during the month of October.

Limitless World T-Shirt
Short Sleeve
Gildan Softstyle 50/50
in "limitless" colors
Cost: \$20.00

BUY NOW



Limitless Supporter T-Shirt
Campers will receive this shirt in October
Long Sleeve Sleeve
Jerzees 50/50
in Red and Royal
Cost: \$30.00

BUY NOW



Limitless T21 Swim Warrior
Limited Availability!
Short Sleeve Sleeve
Jerzees 50/50
in multiple colors
Cost: \$20.00



BUY NOW

JOIN THE JOURNEY - UNITED WE RISE

USA Down Syndrome Swimming (USADSS) was formed in 2020, right at the start of the pandemic. What began with a small national team of 9 athletes has grown to 82 registered "T21 Swim Warriors" who are making waves in their local communities and around the world. We know there are many more. Would you help us find athletes, coaches and volunteers who would like to JOIN THE JOURNEY?

Please share this newsletter, 'Like' us on Facebook or 'Follow' us on Instagram @USADOWNSYNDROMESWIMMING!

To learn more about how to support these amazing athletes, go to www.USADSS.org to Join The Journey, "Gear Up" with cool merchandise, become an official partner, sign up for a newsletter, or make a donation.

[USADSS WEBSITE](#)

[JOIN THE JOURNEY!](#)

[PURCHASE SPIRIT WEAR](#)

[REGISTER FOR CAMP](#)

[APPLY TO BE A COACH](#)

